



LOUISE TULLY

Outdoor instruction and guiding

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Ideas for guided days out:

#### Mountain days

You tell us roughly how long you would like to spend out and we will come up with a plan for a mountain walk that will take you away from the beaten track to experience the parts of Snowdonia that most visitors never get to see. Perhaps you have done some walking before but would like to be guided on one of the famous North Wales scrambles. What ever your aspirations are for a mountain experience we can come up with a day to suit you.

#### Rock climbing

Is there a particular rock climb that you have always wanted to do but haven't quite had the confidence? Why not get guided up it and take the stress away? Just let us know where you want to go and we can arrange the rest. Maybe you haven't visited Snowdonia before and don't know where is good to climb. Why not let us take you on a rock climbing day to remember and tick some of the North Wales classics.

#### Kayaking/ canoeing

Our sea kayaking guided days out are very popular. Come and experience the spectacular coastline of Anglesey. No need to worry about tides or maps, we can show you the best places to go. Perhaps you would be more keen on a canoe journey down the river Conwy or the Menai Straits or maybe you would prefer white water kayaking but don't know which are the best venues. There are so many options to choose from just get in touch and we can have a chat about what would suit you best.

We usually meet people at Pete's Eats in Llanberis at 9.00am to finalise a plan for the day and head out together. A detailed kit list will be provided but specialist equipment is included in the cost of the day. All you will need to bring is clothing suitable for the day, a packed lunch and drink. Most days out tend to finish at approximately 4.30pm. However, the beauty of a guided day out is that we can be totally flexible on timings and venue to suit you. Please feel free to get in touch and we can have a chat about an adventure to suit you.